

# 16th Panhellenic IBD Congress

June 9th -11th, 2017  
Amalia Hotel in Nafplion, Greece

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## Scientific Programme

### Friday, June 9<sup>th</sup> 2017

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**08.00 – 09.30**      **Video presentations**

**09.30 – 11.00**      **Video presentations**

*11.00 – 11.30*      *Coffee Break*

**11.30 – 13.00**      **Video presentations**

**13.00 – 14.00**      **Video presentations**

*14.00 – 16.00*      *Break*

**16.00 – 18.00**      **Workshop:**  
**IBD IN THE YOUNG AND THE ELDERLY**

#### **1<sup>st</sup> part**

**Chairmen: E. Roma, K. Triantafillou**

16.00 – 16.20      Epidemiology and clinical presentation of IBD in the young and the elderly. Are there any differences?

**G. Karamanolis**

16.20 – 16.40      Young patient with severe Crohn's disease. Should I choose immunosuppressant, anti-TNF or combo-therapy?

**G. Chouliaras**

#### **2<sup>nd</sup> part**

**Chairmen: S. Ladas, D. Kamperoglou**

16.40 – 17.00      Elderly patient with severe ulcerative colitis. Should I choose immunosuppressant, anti-TNF or combo-therapy?

**K. Karmiris**

17.00 – 17.20      Young patient with newly diagnosed IBD and cutaneous manifestations. Is it extra-intestinal manifestation? What should I administer?

**M. Tzouvala**

### 3<sup>rd</sup> part

Chairmen: **E. Tsianos, D. Tabakopoulos**

- 17.00 – 17.20 Young patient with newly diagnosed IBD and cutaneous manifestations. Is it extra-intestinal manifestation? What should I administer?  
**M. Tzouvala**
- 17.20 – 17.40 Elderly patient with newly diagnosed IBD and arthralgiae. Is it extra-intestinal manifestation? What should I administer?  
**K. Katsanos**
- 17.40 – 18.00. Administering 5-ASA in the young and the elderly. Is it safe?  
**O. Giouleme**
- 18.00 – 18.30 *Coffee Break*
- 18.30 – 19.00 *Satellite Symposium by Abbvie*

**19.00 – 19.30**

#### **Lecture**

Chairmen: **G. Mantzaris**

The future in IBD therapy

**Y. Chowers**

19.30 – 20.30

*Satellite Symposium by MSD*

**20.30 – 21.00**

#### **Opening Ceremony**

Chairmen: **N. Viazis, G. Papatheodoridis, G. Paspatis**

Tribute to the memory of D.G. Karamanoli

**E. Tsianos**

Tribute to the memory of Ch. Tzatha

**G. Mantzaris**

## **Saturday, June 10<sup>th</sup> 2017**

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**08.00 – 08.30**

**Video presentations**

**08.30 – 09.00**

#### **New insight in IBD pathogenesis**

Chairmen: **G. Kouklakis, K. Thomopoulos**

08.30 – 08.40

Oral Presentation 1

08.40 – 09.00

Integrins, interleukines, chemokines, JAK kinases

**G. Kolios**

**09.00 – 10.30**

#### **The (difficult) case of my practice**

Chairmen: **I. Koutroumpakis, I. Skotiniotis**

Comments: **A. Theodoropoulou, E. Tsironi, D. Manganas**

Case Presentations

T. Emmanouil, D. Giannopoulos, K. Zografos, A. Kofokotsios,  
D. Panagiotakopoulos, E. Simvoulakis, I. Kaimakliotis

**10.30 – 11.00**

**Scientific debate. Inflammatory – stenonic terminal ileitis**

Chairmen: I. Triantafillidis, B. Komporozos

Pharmaceutical therapy

S. Vrakas

Surgical therapy

P. Alepas

11.00 – 11.30

Satellite Symposium by Angelini

11.30 – 12.00

Coffee Break

**12.00 – 12.30**

**IBD and the liver**

Chairmen: G. Papatheodoridis, G. Alexandrakis

12.00 – 12.15

NASH and IBD. How should I monitor my patient ?

I. Vlachogiannakos

12.15 – 12.30

Primary sclerosing cholangitis and IBD. What is the best way to monitor and treat these patients?

Ch. Triantos

12.30 – 13.30

Satellite Symposium by Takeda

**13.30 – 14.00**

**Lecture**

Chairmen: G. Bamias

Endoscopy to guide IBD therapy: beyond conventional colonoscopy

R. Atreya

14.00 – 14.30

Satellite Symposium by Abbvie

Light Lunch

14.30 – 16.00

Break

16.00 -17.00

General Meeting – Elections

Hellenic Group for the study of IBD

**17.00 – 17.30**

**What should I know (and did not have time to read) in the literature**

Chairmen: S. Potamianos, V. Panoutsakopoulou

17.00 – 17.15

The 5 best publications in basic research during 2016

M. Gazouli

17.15 – 17.30

The 5 best publications in clinical research during 2016

M. Mylonaki

**17.30 – 18.00**

**Lecture**

Chairmen: C. Kalantzis

The new era in IBD capsule endoscopy

**A. Eliakim**

18.00 – 19.00 **Satellite Symposium by ENOPAΣΙΣ**

19.00 – 19.30 *Coffee Break*

**19.30 – 20.00 Therapeutic interventions in IBD patients with a history of neoplasia**

Chairmen: **A. Illias, G. Michalopoulos**

19.30 – 19.40 Oral Presentation 2

19.40 – 20.00 Pharmaceutical therapy in patients with a history of cancer

**A. Protopapas**

**20.00 – 20.30 IBD patients discuss with the dietician and the gastroenterologist**

Chairmen: **I. Karagiannis, N. Mathou**

Speakers: **A. Baschali, K. Poulia**

## Sunday, 11 June 2017

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**08.00 – 08.30 Video presentations**

**08.30 – 09.00 Dysplasia and IBD**

Chairmen: **P. Kasapidis, I. Pachiadakis**

08.30 – 08.40 Oral Presentation 3

08.40 – 09.00 Identifying dysplasia – endoscopic monitoring of IBD patients

**I. Papanikolaou**

**09.00 – 10.30 The (difficult) case of my Clinic**

Chairmen: **E. Akriviadis, S. Michopoulos**

Comments: **G. Bamias, N. Viazis, G. Papakonstantinou**

Case Presentations

**M. Galanopoulos (G. Mantzaris), K. Oikonomou (A. Kapsoritakis),**

**G. Hatzinakos (K. Soufleris), A. Skamnelos (D. Christodoulou),**

**T. Kalli (X. Klonis), A. Kourikou (S. Manolakopoulos),**

**A. Mantaka (I. Koutroumpakis)**

**10.30 – 11.00 Moderate Ulcerative Colitis (do I insist with 5-ASA, do I administer an immunosuppressant or do I treat early with an anti –TNF)**

Chairmen: **D. Karagiannis, P. Apostolopoulos**

Speakers: **E. Zambeli, A. Christidou**

11.00 – 11.30 **Satellite Symposium by Janssen**

11.30 – 12.00 *Coffee Break*

**12.00 – 13.30 Therapeutic dilemmas in the treatment of IBD**

Chairmen: **Th. Rokkas, I. Goulis**

- 12.00 – 12.10 Oral Presentation 4
- 12.10 – 12.30 Should I monitor anti-TNF trough levels and antibodies? In which patients? How often?  
**K. Papamichail**
- 12.30 – 12.50 Anti-integrin or anti-TNF as a first line therapy in patients with IBD?  
**G. Theocharis**
- 12.50 – 13.10 Should I administer and which therapy in post-surgical Crohn's disease?  
**F. Dimoulios**
- 13.10 – 13.30 Exit strategies. When can I stop administering immunosuppressants or anti-TNF in IBD patients?  
**Ch. Karakoidas**

**13.30 – 14.00 IBD and infections**

Chairmen: **K. Gkoumas, Ch. Liatsos**

- 13.30 – 13.45 Infectious colitis or IBD?  
**A. Giannakopoulos**
- 13.45 – 14.00 What should I do in an IBD patient infected with CMV?  
**N. Kuriakos**
- 14.00 – 16.00 Break*
- 16.00 – 17.30 **Video presentations**
- 17.30 – 19.00 **Video presentations**